



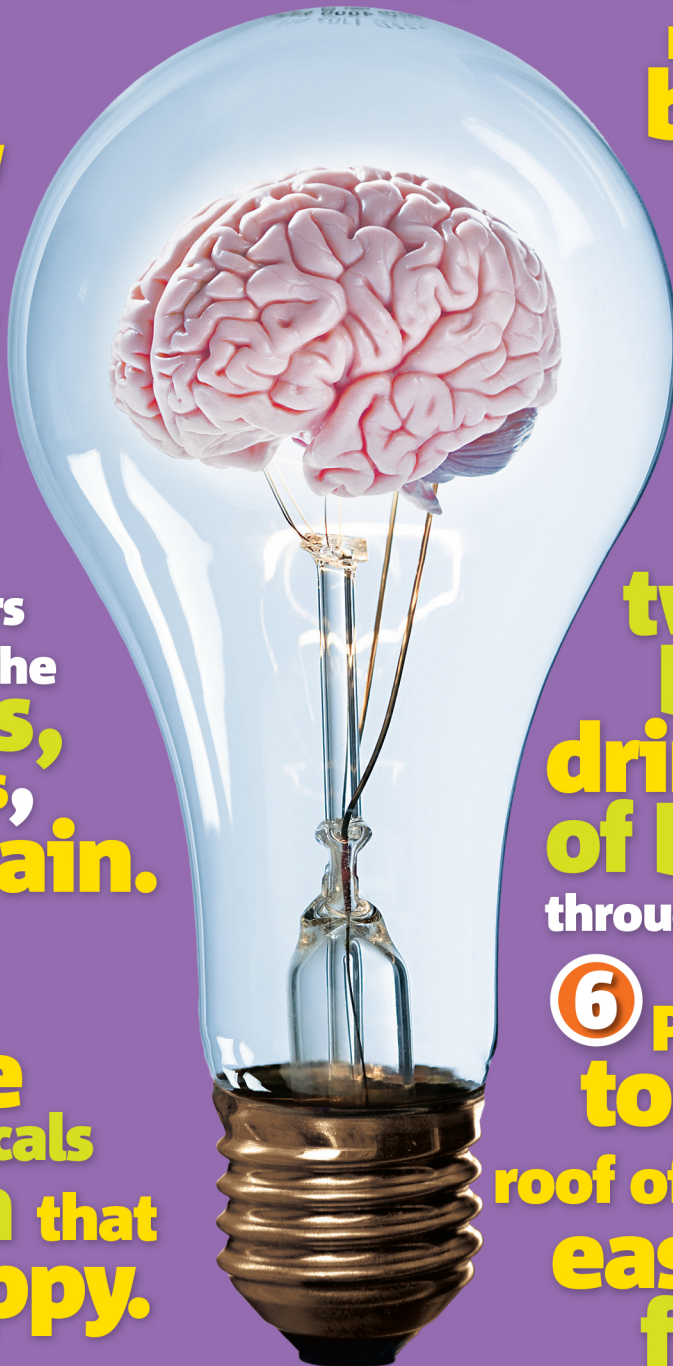
**Bet you
didn't
KNOW!**

6 MIND-BENDING FACTS ABOUT THE BRAIN

1 Your brain generates enough electricity to power a light bulb.

2 It would take close to 3,000 years to count the neurons, or nerve cells, in your brain.

3 Eating chocolate releases chemicals in the brain that make us happy.



4 Exercise can make your brain work better.

5 Each minute, about 750 millilitres – or two and a bit fizzy drinks cans – of blood travels through the brain.

6 Pressing your tongue to the roof of your mouth eases brain freeze.