

# Like it? Make it!

## BRILLIANT BOOKMARKS!

**Go Green!**

These cool recycled paper bookmarks make great gifts – without harming our planet...



**What you'll need**

- Old newspaper
- Mixing bowl
- Fork
- Food colouring
- Old pair of tights
- Two tea towels
- Wire coat hanger
- Sticky tape
- Glitter
- Paints
- Jug of water



**Start here!**

**1** Rip up a quarter of your newspaper and soak the paper in a jug of hot water for an hour. Then, add a few drops of food colouring and blend the mixture into a thick, mushy pulp.



**2**

Next, bend the coat hanger into a square shape, pull one leg of the tights over it and secure it with sticky tape. Now, put the square frame over the mixing bowl, pour the pulp onto it, and leave it to drain for a few minutes.



**3**

Lay a tea towel on a dry surface and put the frame, pulp-side up, onto it. Now, lay another tea towel on top and press down to remove excess water.



**4**

Turn the frame over onto newspaper and separate it from the flattened pulp. Then leave this to dry for 24 hours.



**5**

Once dry, cut your new paper into strips, then decorate each one with paints and glitter, and stick a feather to the back. Finally, find a good book!

**Top tip!**

You could also add dried flowers, leaves or vegetable skins to your mix, to make your paper more colourful!

## MAKE MUSIC!

Rainsticks were invented by tribes in Chile who believed that playing them would bring rain. Why not make one and see if it works?!

**What you'll need**

- Long cardboard tube
- Corrugated cardboard
- Paper
- Dry rice or seeds
- Sticky tape
- Scissors
- Paints



**Start here!**

**1**

Put a piece of paper over one end of the tube and secure it with sticky tape. Now, cut five strips, about 2cm by 10cm, out of the cardboard.



**2**

Next, fold the strips into zig-zag shapes and push them inside the tube. Then sprinkle the dried rice and seeds into the open end of the tube.



**3**

Now, seal the other end of the tube with paper and sticky tape. Finally, paint a funky design on the tube and you're ready to make rain music!



**Did you know...?**  
Just one ton of recycled paper can save 17 trees!