

Spur

Check out our fun holiday schedule - each day of the week has a theme to give you some inspiration!

Holiday FUN Every Day!

MAKE-IT MONDAY

Get creative and make something! Friendship bracelets. A birdhouse. Holiday scrapbook. Science experiments. Oobleck (check out page 36!). Finger painting. Trash-to-treasure upcycling projects (finding a new use for something you were going to throw away).



TAKE-A-TRIP TUESDAY

Go on an adventure! The park. Library. Museum. Farmer's market. Strawberry picking. Grandma's house. Gather some friends and ride your bike around your neighbourhood (just remember to be safe!).



WONDER-OF-NATURE WEDNESDAY

Take a moment to marvel at Mother Nature's wonderful gifts to our Earth. Go bird watching. Plant a herb garden. Star gazing. Watch the sunrise and sunset. Climb a tree.



THOUGHTFUL THURSDAY

Do something for someone else - it will make you and the other person feel SO good! Write a poem for someone (check out page 35). Organise a park or beach clean-up. Volunteer at an animal shelter or elderly home. Pick flowers for someone special.



FOODIE FRIDAY

Whip up something yummy in the kitchen (check out page 34!) and then invite your friends and family to enjoy it with you! Host a make-your-own pizza party. Eat an ice cream at Spur.



OUTDOOR SATURDAY

- Spend time in the great outdoors.
- Have a braai. Go on a scavenger hunt. Fly a kite.
- Visit the beach.
- Eat fresh fruit outside.



FAMILY-FUNDAY SUNDAY

- A day for spending quality time with your loved ones. Board games. Movie marathon. Bury a time capsule together. Play charades. Have a pyjama party. Play tennis.



Make Earth Hour Crafts Page 33

Make Pumpkin Fritters Page 34

Learn how to rhyme Page 35

Photo by Yields Maldonado on Unsplash



A taste for life

www.spurtribe.co.za

SWITCHING OFF FOR EARTH HOUR

Earth Hour is a special event organised by the WWF, which takes place on the last Saturday of March every year. Millions of people around the world switch off their lights and appliances for one hour, to show how much they care about the future of our planet, as it is our only home.

Lights and appliances use a lot of energy every single day, which contributes to climate change or global warming (which means our planet is becoming too hot and causes extreme weather), so saving resources like electricity and water is good for the Earth.



1 Enjoy nature's very own entertainment and venture outside for some stargazing.

2 Game night by candlelight with your favourite board games.

3 Grab a candle or torch, sit in a circle and swap stories – spooky or sweet!

4 Turn your living room into the perfect picnic spot with blankets, pillows, and candles galore.

5 Pitch a tent in your backyard and roast yummy marshmallows on the braai.

5 FUN WAYS TO SPEND EARTH HOUR

SHOW YOUR SUPPORT FOR EARTH HOUR ON SATURDAY
30 MARCH
8:30PM – 9:30PM

BE AN ECO-WARRIOR

Earth Hour shows us that a lot of people doing something small like turning off the lights can have a big impact. So why not make some small changes every day? Here are some easy ways to use less energy and be a true eco-warrior!

- Turn off the lights, computers and the TV when you leave a room.
- Create a lift-club or carpool for school and parties with other kids in your area.
- Open the windows or use a fan on warm days instead of air conditioning.
- Turn off the water while you brush your teeth.
- Remember to recycle.



LIGHT UP DURING EARTH HOUR

GATHER SOME BEAUTIFUL AUTUMN LEAVES OUTSIDE AND MAKE YOUR VERY OWN AUTUMN LEAF CANDLEHOLDER TO USE DURING EARTH HOUR!

YOU'LL NEED

- A smooth glass jar
- Mod Podge (available from a craft store)
- Autumn leaves (the thinner the better)
- Paintbrush or sponge brush
- Raffia or ribbon (optional)
- Scissors
- A candle

Ask an adult for help when lighting your candle. Fire can be dangerous!



STEP 1



Apply plenty of Mod Podge both under and over the leaves. Place leaves onto the jar.

STEP 2



Continue until your jar is covered with leaves and allow to dry for 1 to 2 hours.

STEP 3



Tie raffia or ribbon to the top of the jar to finish it off. Ask an adult to help you place a candle inside the jar.

TIP

Mod Podge becomes stickier as it dries, so you might want to wait until it's a bit sticky.

Just for laughs

- Q** What did the baby light bulb say to the mama light bulb?
- A** "I LOVE YOU WATTS AND WATTS!"



PUMPKIN FRITTERS IN SYRUP

For more delicious recipes visit
www.spursauces.co.za

THESE PUMPKIN FRITTERS ARE A YUMMY AFTERNOON TREAT. SPRINKLE WITH CINNAMON SUGAR FOR A TASTE THAT'S HARD TO BEAT!

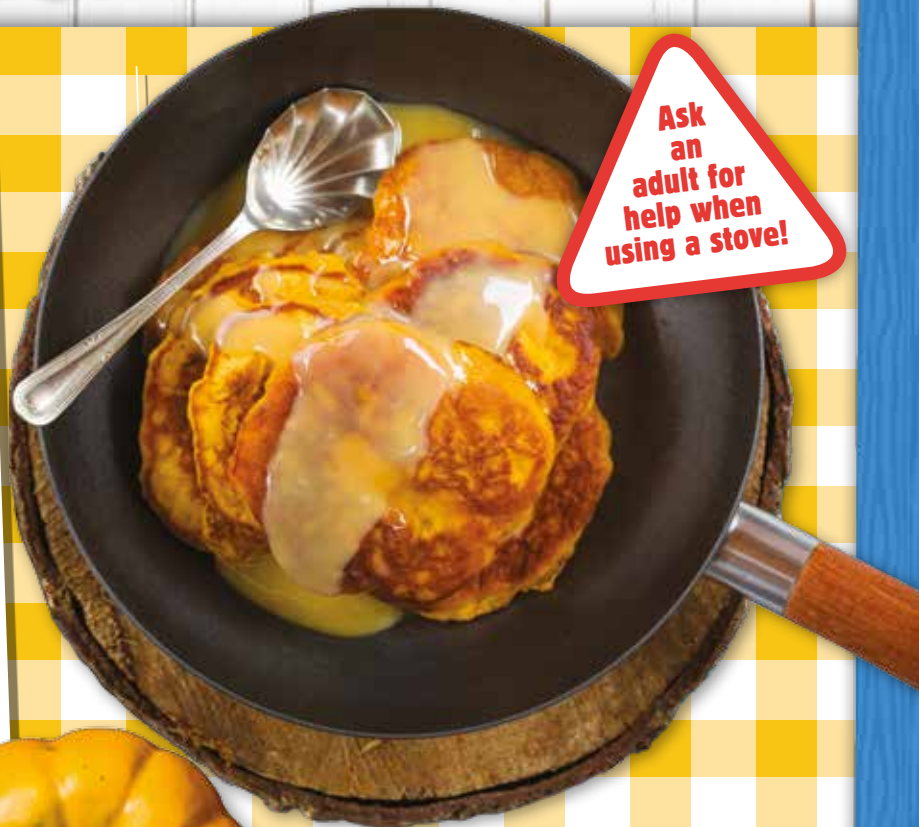
INGREDIENTS

BATTER

- 250 ml (1 cup) cake flour
- 15 ml (1 Tbsp) baking powder
- 1 ml (pinch) salt
- 500 g (about 1 cup) pumpkin
- 2 extra-large eggs, beaten
- 60 ml (1/4 cup) Spur Sweet Chilli Dressing
- Cooking oil, for shallow-frying

SYRUP

- 200 ml (3/4 cup) sugar
- 300 ml milk
- 20 ml (4 tsp) butter or margarine
- 1 cinnamon stick
- 1 ml (pinch) salt
- 30 ml (2 Tbsp) custard powder
- 20 ml (4 tsp) water



Ask an adult for help when using a stove!



METHOD

1. Sift flour, baking powder and salt together.
2. Add mashed pumpkin, beaten eggs and Spur Sweet Chilli Dressing and mix well.
3. Heat oil in a large, heavy-based frying pan. Gently drop heaped tablespoons of pumpkin mixture into hot oil. Fry on both sides until golden brown. Remove from oil and drain on paper towel.
4. Combine all syrup ingredients, except custard powder and water, in a small, heavy-based saucepan. Bring to the boil and simmer for about 2 minutes. Mix custard powder with water and stir into simmering syrup. Boil until thickened.
5. Remove from heat and remove cinnamon stick. Pour over pumpkin fritters and eat immediately!

Just for laughs

Q Why was Cinderella not very good at softball?
A BECAUSE HER COACH WAS A PUMPKIN.

FUN WITH WORDS



RHYME TIME

21 MARCH IS POETRY DAY, SO GRAB SOME PAPER AND A PEN AND GET RHYMING!

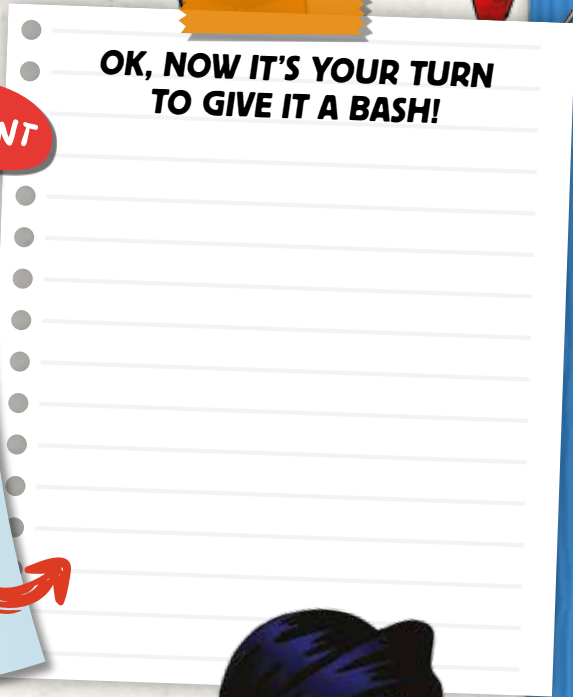
Why not try your hand at writing a limerick? This is a fun, silly poem with five lines. It rhymes with an AABBA structure: the first, second and fifth lines all rhyme with each other (usually eight syllables) and the third and fourth lines rhyme with each other (usually five syllables).

IMPORTANT

HERE'S A FAMOUS EXAMPLE:

- A There once was a fly on the wall
- A I wonder why it didn't fall?
- B Because its feet stuck
- B Or was it just luck
- A Or does gravity miss things so small?

OK, NOW IT'S YOUR TURN TO GIVE IT A BASH!



WORD SEARCH

CAN YOU FIND THESE 10 AUTUMNAL WORDS?

S	A	U	R	E	A	S	J	T	L	O	O	S	L
M	E	N	R	A	K	E	V	L	S	E	C	Q	K
I	S	I	J	A	C	K	E	T	A	A	A	U	E
T	E	T	E	L	S	R	S	K	A	N	S	I	O
R	E	O	E	E	Q	A	Y	E	K	H	L	R	I
S	C	C	H	A	N	G	E	E	V	S	R	R	E
T	R	Y	T	C	T	R	E	E	N	A	H	E	E
S	Y	S	Y	L	L	I	H	C	K	R	E	L	N
C	E	I	R	E	K	E	L	J	O	A	L	L	S
O	E	U	O	C	R	C	Q	U	L	T	R	A	A
J	E	R	A	U	T	U	M	N	H	A	L	K	R
H	T	U	N	C	G	A	E	V	K	A	C	C	R
T	E	J	I	J	S	E	A	S	O	N	S	T	K
A	C	O	R	N	S	S	H	C	R	R	L	E	A



- AUTUMN
- SEASON
- LEAVES
- ACORNS
- TREE
- RAKE
- JACKET
- SQUIRREL



Oodles of OOBLECK FUN!

Oobleck is a fluid similar to quicksand, but much more fun! It isn't a liquid or a solid – it's a non-Newtonian fluid. Explore this fascinating substance by making your own Oobleck using two simple ingredients!



YOU'LL NEED



ADD A FEW DROPS OF FOOD COLOURING AND STIR UNTIL IT'S THOROUGHLY MIXED THROUGH.

Place the cornstarch into the bowl and slowly add the water until the consistency is just right – a liquid but not yet solid. If you find the mixture is a little too watery and not forming into a solid when you pull the Oobleck out of your bowl then add more cornstarch.

If you find the mixture is not dripping like a liquid, add a little more water. Just keep experimenting until you get the consistency of Oobleck.

DID YOU KNOW?

OOBLECK GETS ITS NAME FROM THE DR. SEUSS BOOK *BARTHOLOMEW AND THE OOBLECK* WHERE A GOOEY GREEN SUBSTANCE, OOBLECK, FELL FROM THE SKY AND WREAKED HAVOC IN THE KINGDOM

CLEANING UP

Playing with Oobleck is messy fun! To clean up, just wash your hands with water and add plenty of extra water to the mixture before pouring it down the drain. Wipe up any dried cornstarch with a dry cloth before cleaning up with a damp sponge.



ROLL UP YOUR SLEEVES AND GET MESSY PLAYING WITH IT! CHECK OUT SOME IDEAS BELOW:

- 1 HOLD A HANDFUL IN YOUR OPEN HAND. WHAT HAPPENS?
- 2 GRAB A HANDFUL AND SQUEEZE IT UNTIL IT OOZES OUT THROUGH YOUR FINGERS.
- 3 MAKE A PUDDLE AND DRAG YOUR FINGERS THROUGH THE MIXTURE SLOWLY, THEN TRY MOVING THEM FASTER.
- 4 PLACE SOME OOBLECK INSIDE A PLASTIC CONTAINER AND SHAKE IT.

